



Eggs & Omelets

Our egg dishes are prepared with 2, free-range organic "Omega 3" Eggs and include your choice of bread.
Egg whites may be substituted for any egg dish for an additional \$2.00.

THREE CHEESE OMELET

Fontina, Brie, Swiss

\$8.95

WILD MUSHROOM OMELET

Shitake, Portobello Mushrooms, Onions

\$8.95

VEGETABLE OMELET

Broccoli, Spinach

\$8.95

ZEST SPECIAL OMELET

Ricotta, Lemon Zest, Parsley

\$8.95

2 EGGS ANY STYLE

\$4.95

POACHED EGGS

Pietro's Smoked Salmon, over Shredded Potato Latkes

\$11.95

EGGS BENEDICT

Poached Eggs, Parma Cotta Ham, English Muffin, Hollandaise Sauce

\$9.95

FRITTATA OF THE DAY

Eggs, Onions, Fresh Vegetables, Potatoes, Cooked Golden Brown

\$10.95

Side Orders

COUNTRY FRESH BACON

Organic, nitrate-free

\$3.95

COUNTRY FRESH SAUSAGE

Organic Pork Links

\$3.95

SPECIAL BREAKFAST POTATOES

\$1.95

TOAST

White, Whole-Grain, Rye or English Muffin

\$1.95



breakfast

Homemade Specialities

CREPES

Thin, Sweet French Pancakes, with Carmelized Apples \$6.95

BLINTZES

Ultra-Thin Pancake Stuffed with Your Choice of Blueberry or Cheese \$6.95

BELGIAN WAFFLES

Thick Homemade Crisp, Light Bread, Organic Maple Syrup \$5.95

FRUITED BELGIAN WAFFLES

Topped With Caramelized Apples or Fresh Berries, Fresh Whipped Cream \$7.95

TOMASO'S FAVORITE PANCAKES

Homemade Griddle Cakes with Organic Maple Syrup \$5.95

ZEST PANCAKES

Blueberry, Chocolate Chip or Seasonal Fruit \$7.95

LUCIA'S FAVORITE MINI-PANCAKES

Homemade Mini-Griddle Cakes, Organic Maple Syrup \$4.95

ZEST MINI-PANCAKES

Blueberry, Chocolate Chips or Seasonal Fruit \$6.95

FRENCH TOAST

Made with Homemade Brioche Bread \$5.95

Add Fresh Berries \$7.95

Cereal & Fruit

SEASONAL FRESH FRUIT PLATE \$8.95

ZEST HOMEMADE GRANOLA

House Granola, Sugared Almonds, Raisins, Oats with Soy or Cow's Milk \$6.95

ZEST LAYERED PARFAIT

Greek Yogurt, Zest Granola, Fresh Seasonal Fruit \$7.95

HOUSE OATMEAL

Whole-Grain Oats \$5.95

Add Apples or Bananas \$7.95



Homemade Baked Goods

Please ask your server for the features of the day

Juices

SICILIAN BLOOD ORANGE	LG \$6.95	SM \$5.95
FRESH SQUEEZED ORANGE	LG \$6.50	SM \$5.50
THREE FRUIT JUICE BLEND		
Your Choice of 3 Ingredients: Apple, Melon, Banana, Peach, Plum, Strawberry, Pineapple, Carrots or Celery		\$6.95
FRUIT SMOOTHIES		
Choose 2 fruits from above and add Yogurt, Milk or Soy		\$5.95

Beverages

ESPRESSO	\$3.25
CAPPUCINO	\$4.95
LATTE	\$3.95
REDDING ROASTERS ZEST BLEND	\$2.95
ASSORTED TEAS	\$3.95
HOT BELGIAN CHOCOLATE	
Topped with Fresh Whipped Cream	\$4.95
MILK OR SOY MILK	\$2.00
CHOCOLATE MILK	\$2.25
APPLE JUICE	\$1.75
GRAPEFRUIT OR ORANGE JUICE	\$3.00



Whenever possible organic ingredients are used at Zest.