



Starters

MOZZARELLA CAPRESE

Pietro's Fresh Mozzarella, Sliced Tomato, Fresh Basil, Balsamic Vinegar, Olive Oil \$9.95

BACCALA FRITTERS

Fried Salt-Cured Cod, Sliced Jalapenos, Chopped Scallions, Olive Oil, Lemon Lime Juice \$8.95

CALAMARI FRITTI

Tomato Confit, Jalapenos, Cilantro, Olive Oil \$9.95

HOMEMADE SEASONAL SOUPS OF THE DAY

\$6.95

Composed Salads

Your Choice of Balsamic Emulsion, Lemon Cilantro Vinaigrette
or Dijon Vinaigrette Dressings.

STEAK LOVER'S SALAD

Grilled Skirt Steak, Arugula, Grape Tomatoes, Avocado \$13.95

PIETRO'S FAMOUS CRAB CAKES

Organic Mesclun Salad \$12.95

SALMON AU CITRON SALAD

Poached Salmon, Organic Mesclun, Orange Segments, Citrus Salsa \$13.95

EAST SHORE SALAD

Marinated Shrimp, Endive, Radicchio, Arugula, Yukon Potatoes, Boiled Eggs \$12.95

SALAD ALLA RIPER

Organic Mesclun Salad, Goat Cheese, Bacon, Red Peppers, Walnuts,
Fresh Relish, Mango \$11.95

TAVERN SALAD

Chopped Grilled Chicken Breast, Mesclun Salad, Pignoli Nuts, Crumbled Gorgonzola,
Caramelized Walnuts, Dried Cranberries \$11.95

FARMERS SALAD

Pietro's Fresh Diced Mozzarella, Haricot Vert, Tomatoes, Black Olives,
Fresh Basil, Sliced Roasted Beets, Onions \$11.95

APPLE FIG SALAD

Goat Cheese, Sliced Roasted Beets, Red Onions, Cranberries, Walnuts \$13.95



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Wraps

CRAB WRAP

Crab Meat, Avocado, Carrot, Cucumber, Bibb Lettuce, Asian Sauce \$12.95

BAYOU WRAP

Marinated Shrimp, Avocado, Julienne Carrots, Cucumber, Bibb Lettuce, Creamy Creole Sauce \$11.95

SOUTHWEST WRAP

Marinated Grilled Chicken Breast, Bibb Lettuce, Cucumber, Avocado, Southwestern Salsa \$ 9.95

VEG-HEAD WRAP

Grilled Portobello Mushrooms, Carrots, Cucumber, Roasted Red Pepper, Tofu Spread, Tangy Vinaigrette Dressing \$ 9.95

Burgers • Panini • Sandwiches

ZEST PANINI

Grilled Bread, Grilled Eggplant, Proscuitto, Fontina Cheese, Pesto Aioli, Mesclun Salad \$10.95

VEGETABLE PANINI

Grilled Bread, Roasted Red Peppers, Pietro's Mozzarella, Grilled Portobello Mushrooms, Onions, Zucchini, Basil Pesto, Extra Virgin Olive Oil, Balsamic Reduction \$10.95

***CHURCH LANE BURGER**

Choice Prime Sirloin served on an English Muffin, Caramelized Onions, Pommes Frites \$10.95

***WESTPORT BUFFALO BURGER**

Prime Buffalo served on English Muffin, Caramelized Onions, Pommes Frites \$12.95

DAYOE'S MONSTER CLUB

Fresh Sliced Turkey, Toasted Whole Grain Wheat Bread, Organic Bacon, Bibb Lettuce, Sliced Tomatoes, American Cheese, Smoked Garlic Aioli \$9.95

LANA'S DAINTY CLUB

A Mini Version of the Monster Club \$7.95



ADD TO ANY WRAP OR BURGER

American, Swiss, Mozzarella, Brie, Cheddar or Fontina Cheese \$ 1.75

Bacon \$ 1.75



Whenever possible organic ingredients are used at Zest.



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Main Dishes

*CHICKEN MILANESE		
Breaded Chicken Breast, Baby Arugula Salad, Red Tomatoes		\$10.95
*STEAK FRITES		
Grilled NY Strip, Pommes Frites, Garlic Aioli		\$18.95
RAIE AU CITRON		
Pan Seared Skate over Spinach, Lemon Caper Sauce		\$13.95
STEAMED MUSSELS PARISIAN		
Prince Edward Island Mussels, Scallions, Leeks, Shallots, White Wine, Cream		\$ 9.95
BRAISED SEA SCALLOPS		
Organic Mesclun Salad, Balsamic Sherry Wine Sauce		\$12.95
SPAGHETTI PUTTANESCA		
Thin Pasta Noodles, Grape Tomato, Garlic, Capers, Kalamata Olives		\$13.95
LASAGNA PRIMAVERA		
Grilled Layered Eggplant, Zucchini, Spinach, Light Tomato Confit		\$13.95
ZEST FRITTATA		
Eggs, Onions, Potatoes, Fresh Seasonal Vegetables, Cooked Golden Brown		\$10.95
LIGHT EGGPLANT PARMIGIANO		
Pietro's Sister's Style, Baked Eggplant, Light Tomato Sauce, Parmesean Cheese		\$13.95

Beverages

BREWED ICED TEA	\$2.95	ESPRESSO	\$ 3.25
SNAPPLE		CAPPUCCINO	\$ 4.95
Ask Your Server for Flavors	\$2.00	LATTE	\$ 3.95
SAN PELLEGRINO 8.5 OZ	\$2.50	REDDING ROASTERS ZEST BLEND	\$ 2.95
SAN PELLEGRINO ARACIATA 12 OZ	\$ 1.75	ASSORTED TEAS	\$ 3.95
POLAND SPRING 8.5 OZ	\$ 1.95	HOT BELGIAN CHOCOLATE	
SICILIAN BLOOD ORANGE	\$5.95	Topped with Fresh Whipped Cream	\$ 4.95
ORANGE JUICE 10 OZ	\$3.00	MIRCRO BREW	\$ 5.50
COKE CLASSIC	\$2.50	AMSTEL LIGHT	\$ 5.00
DIET COKE	\$2.50	MORETTI ITALIAN BEER	\$ 5.50
G.U.S. (GROWN-UP SODA)		CORONA	\$ 5.00
Ask Your Server for Flavors	\$3.00	COORS LIGHT	\$ 4.50
ZEST SODA	\$3.00	RED STRIPE	\$ 6.00
FREAKY DOG SODA		BECKS / HEINEKEN	\$ 6.00
Ask Your Server for Flavors	\$ 3.50	BECKS N\A	\$ 6.00



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Specialty Drinks

PEAR ROYALE	
Pear William Eau-De-Vie, White Lillet	\$12.00
EL MORRO	
Framboise Eau-De-Vie, White Rum, Grenadine, Lemon Juice	\$12.00
PERFECT CAIPIRINHA	
Cachaca, Fresh Lime, Superfine Sugar	\$12.00
GOSMOPOLITAN	
Citron Vodka, Grand Marnier, Cranberry Juice	\$12.00
PIETRO'S COSMO	
Absolute Citron, Cointreau, Fresh Lime Juice, Pomegranate Juice	\$12.00
ESPRESSO MARTINI	
Espresso, Frangelico, Vanilla Vodka, Kahlua	\$12.00
EL NINO	
Mango Rum, Blue Curacao, Pineapple Juice, Cranberry Juice, Sour Mix	\$12.00
ZEST LIMONATA	
Mango Rum, Malibu Rum, Grapefruit Juice, Pineapple Juice, Cranberry Juice, Lime Juice, Sprite	\$12.00
ZESTINI	
Stoli Orange, Apricot Brandy, Cranberry Juice, Sour Mix	\$12.00
ZEST GARDEN	
Absolute Citron, Cointreau, Crème De Cassis, Champagne, Cranberry Juice, Lime Juice	\$12.00
WHITE SANGRIA (SEASONAL)	
White Wine, Triple Sec, Apricot Brandy, Lemons, Limes, Oranges, Peaches, Strawberries, Pineapples, Limeade, Gingerale	\$12.00

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PASTA WITH MINI MEATBALLS	\$ 6.95
MACARONI & CHEESE	\$ 6.95
CHICKEN BITES	\$ 6.95
*PETITE FILET MIGNON	\$12.95
PETITE GRILLED SALMON	\$ 9.95
FISH & CHIPS	\$ 7.95
RAW VEGETABLES AND DIP	\$ 4.50

Beverages

MILK	\$ 2.00
CHOCOLATE MILK	\$ 2.25
APPLE JUICE	\$ 1.75